

DBSA-Boston Facilitator Training
Foundations Workshop in Facilitating
Peer Support Groups

Sunday, April 11th 2010 at McLean Hospital, Belmont MA

This six hour training is an expanded version of the training first given at the NMDA Annual Conference Facilitators Clinic in Cleveland, Ohio in August 2001 and refined over the years since then. Chapter leaders and experienced peer and professional facilitators are welcome.

Limited to 20 participants. Registration Deadline: March 31st 2010.
Pre Registration is required. No “walk in” registrations will be allowed.

Date: Sunday, April 11, 2010
Time: Check-in and Continental Breakfast 9:30 to 9:50 am
Location: Workshop starts promptly at 10:00 am and end at 5:00 pm
Francis de Marneffe Building, Ground Floor, Room 132
McLean Hospital, 115 Mill Street, Belmont, MA 02478
Contact: facilitatortraining@dbsaboston.org, or DBSA Boston (617) 855-2795

Fee: DBSA-Boston members: \$ 20.00
Affiliated DBSA/DMDA/MDDA members: \$ 50.00
Other Participant \$ 75.00
Professionals: \$ 95.00

The training fee includes: Six hours of professional instruction, training guide (\$29.99 value), all materials, Continental Breakfast, Networking Lunch, light refreshments all day, and a certificate of training.

Training will include five sections: **The Group, The Facilitator, Safety, Techniques and a Practicum.**

This is not a workshop on starting a new chapter, but on becoming a competent group leader. This training is the first step in learning how to facilitate a support group. People attending this training need not have any prior knowledge of facilitating a group, only the desire and interest to learn. Many people have attended this workshop solely to learn communication skills and to become a better group participant.

The format is fast, fun, interactive, concluding with several role-play exercises in the Practicum section.

The instructor for the workshop is **Chuck Weinstein, MAE, LMHC**, and the Director of Facilitator Training for the Depression and Bipolar Support Alliance of Boston (DBSA Boston). Chuck is a former President of MDDA-Boston (now DBSA Boston). He has more than sixteen years of group facilitation experience. Chuck introduced and developed the DBSA Boston facilitator-training program in 1997 and now trains facilitators in the New England area, as well as all over the United States. Participants have included: mental health clients (consumers), social workers, mental health counselors, members of law enforcement, professional facilitators, and clergy.